


LUNCH MENU

- baguette  butter 5
- olives  picholine, castelvetroano & niçoise 6
- le cachat  herbed goat cheese, lavender, honey, toasted baguette crostini 10
- french fries  aioli 6
- charred cauliflower  almond dukkah, verjus dressing 13
- chicken liver mousse Mary's free-range chicken, port wine gelée, toasted baguette crostini 18
- french onion soup beef broth, crostini, emmentaler cheese 13
- onion tart caramelized onion, gruyere cheese, applewood smoked bacon 11
- mesclun salad  fine herbs, shaved vegetables, shallots, parmesan, red wine vinaigrette 10
- beet salad  horseradish crème, puffed quinoa, mustard seeds, dill, orange dust 12
- cobb salad romaine, cucumber, blue cheese, bacon, chicken, tomato, egg, buttermilk dressing 21
- ~add avocado 2.5 ~
- niçoise salad seared albacore tuna, fingerling potatoes, haricot vert, soft boiled egg, tapenade 18
- avocado tartine  country bread toast, avocado, sprouts, pickled red onion, sunflower seeds 15
- roasted butternut squash  granny smith, pomegranate, quinoa, pumpkin seeds, fried sage 18
- PEI mussels shallots, garlic, fennel, white wine, cream, thyme 19
- croque monsieur ham, gruyère, raclette, emmentaler, choice of salad or fries 18
- ~ make it a "madame": add free-range fried egg \$1 ~
- C&S veggie burger  beets, carrot, beans, chickpeas, parsley, lentils, green goddess 18
- ~ choice of salad or fries ~ ~ add avocado 2.5 ~
- C&S burger 6oz. grass-fed patty, charred onion jam, beef jus, cheese, dijonnaise 21
- ~ choice of salad or fries ~ ~ add avocado 2.5 ~
- steelhead trout carrot puree, black lentils, roasted heirloom carrots, preserved lemon 24
- steak frites Strauss Family Farms grass-fed flat iron steak, french fries, sauce béarnaise 27

 add CBD elixir to any item of your choice 6

All of our products come from organic farms and have been compassionately raised without antibiotics or hormones
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness
We are able to process a maximum of 3 credit cards per table